

MASTERS HEREN M55**100**

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|-------------------|-------|------|
| Deckers Herman | 12"63 | 2006 |
| Dillen Fons | 12"6 | 1995 |
| Adriaensen Joan | 13"52 | 2008 |
| Van Opstal Bert | 13"57 | 2024 |
| Clancy Peter | 13"76 | 2024 |
| Peeters Fonne | 14"93 | 1994 |
| Heylen Staf | 15"27 | 2004 |
| Wuyts Albert | 16"00 | 1998 |
| Van Gansen Julien | 16"10 | 2012 |
| Leemans Albert | 16"72 | 1997 |

400

| | | |
|-------------------|-------|------|
| Deckers Herman | 60"83 | 2006 |
| Goetschalckx Toon | 61"41 | 2004 |
| Adriaensen Joan | 61"71 | 2007 |
| Van Opstal Bert | 65"15 | 2024 |
| Buls Louis | 66"33 | 1997 |
| Van De Water Gust | 68"09 | 1997 |
| Peeters Fonne | 69"05 | 1994 |
| Leemans Albert | 71"41 | 1997 |
| Wuyts Albert | 73"32 | 1999 |
| Knaepkens Roger | 76"51 | 1994 |

800

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|-------------------|---------|------|
| Goetschalckx Toon | 2'11"84 | 2004 |
| Rens Stefan | 2'21"04 | 2024 |
| Van Leuffelen Jan | 2'23"50 | 2024 |
| Van De Water Gust | 2'27"88 | 1997 |
| De Pauw Rudy | 2'28"54 | 2002 |
| Adriaensen Joan | 2'31"00 | 2007 |
| Buls Louis | 2'31"74 | 1997 |
| Aerts Hubert | 2'40"17 | 1999 |
| Wuyts Albert | 2'41"58 | 1998 |
| Peeters Fonne | 2'41"9 | 1992 |

1500

| | | |
|-------------------|---------|------|
| Rens Stefan | 4'28"95 | 2024 |
| Goetschalckx Toon | 4'36"59 | 2004 |
| Van De Water Jos | 4'49"73 | 2002 |
| Lievens Herman | 4'53"44 | 2013 |
| Jacobs René | 4'55"56 | 2005 |
| Van De Water Gust | 4'57"98 | 1997 |
| Van Leuffelen Jan | 4'59"23 | 2024 |
| De Pauw Rudy | 4'59"44 | 2002 |
| Deckers Herman | 5'15"33 | 2007 |
| Buls Louis | 5'21"52 | 1997 |

150

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|-----------------|-------|------|
| Van Opstal Bert | 20"92 | 2023 |
|-----------------|-------|------|

200

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|-----------------|-------|------|
| Deckers Herman | 25"84 | 2006 |
| Dillen Fons | 26"81 | 1995 |
| Adriaensen Joan | 28"09 | 2008 |
| Van Opstal Bert | 28"48 | 2023 |
| Peeters Fonne | 30"9 | 1992 |
| Heylen Staf | 31"48 | 2002 |
| Wuyts Albert | 31"67 | 1999 |
| Knaepkens Roger | 36"5 | 1994 |

300

| | | |
|-----------------|-------|------|
| Dillen Fons | 44"18 | 1996 |
| Adriaensen Joan | 44"91 | 2007 |
| Van Opstal Bert | 46"09 | 2023 |
| Peeters Fonne | 49"3 | 1994 |
| Leemans Albert | 51"05 | 1997 |
| Knaepkens Roger | 57"7 | 1993 |

600

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|-------------------|---------|------|
| Van Leuffelen Jan | 1'44"63 | 2023 |
|-------------------|---------|------|

1000

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|-------------------|---------|------|
| Goetschalckx Toon | 2'51"49 | 2004 |
| Van Leuffelen Jan | 3'02"86 | 2023 |
| Van De Water Jos | 3'08"10 | 2002 |
| Van De Water Gust | 3'08"64 | 1997 |
| Buls Louis | 3'12"81 | 1997 |
| De Pauw Rudy | 3'12"81 | 2003 |
| Wuyts Albert | 3'25"26 | 1998 |
| Leemans Albert | 3'27"31 | 1998 |
| Waegeman Luc | 3'34"75 | 2016 |
| Knaepkens Roger | 3'37"0 | 1995 |

1 Mijl

| | | |
|----------------------|---------|------|
| Goetschalckx Toon | 4'54"18 | 2004 |
| Van De Water Jos | 5'19"02 | 2002 |
| Van Leuffelen Jan | 5'25"4 | 2023 |
| De Pauw Rudy | 5'28"21 | 2002 |
| Van De Water Gust | 5'30"04 | 1997 |
| Buls Louis | 5'36"31 | 1997 |
| Leemans Albert | 5'50"86 | 1997 |
| Adriaensen Joan | 5'54"74 | 2007 |
| Van Wolputte Maurits | 5'56"29 | 2002 |
| Waegeman Luc | 6'01"66 | 2017 |

2000

| | | |
|-------------------|---------|------|
| Rens Stefan | 6'19"06 | 2023 |
| Lievens Herman | 6'41"02 | 2013 |
| Jacobs René | 6'43"23 | 2006 |
| Van Leuffelen Jan | 6'44"89 | 2023 |
| Van De Water Jos | 6'46"00 | 2002 |
| Van De Water Gust | 6'50"46 | 1997 |
| De Pauw Rudy | 6'54"13 | 2002 |
| Knaepkens Roger | 7'34"1 | 1995 |
| Druyts Jos | 7'52"0 | 1982 |
| Peeters Fonne | 7'53"4 | 1993 |

2 Mijl

| | | |
|-------------------|----------|------|
| Rens Stefan | 10'29"89 | 2023 |
| De Pauw Rudy | 11'26"4 | 2002 |
| Jacobs René | 11'26"61 | 2006 |
| Van Leuffelen Jan | 11'53"09 | 2023 |
| Wuyts Albert | 13'32"2 | 2001 |

5000

| | | |
|-------------------|----------|------|
| Rens Stefan | 16'28"23 | 2024 |
| Van De Water Jos | 17'26"81 | 2002 |
| Van De Water Gust | 18'11"82 | 1997 |
| De Pauw Rudy | 18'22"81 | 2002 |
| Van Leuffelen Jan | 18'33"36 | 2023 |
| Goetschalckx Toon | 18'34"93 | 2006 |
| Buls Louis | 18'52"86 | 1997 |
| Verlinden Louis | 18'59"7 | 1999 |
| Jacobs René | 19'02"59 | 2007 |
| Caers Geert | 19'03"52 | 2018 |

Uurloop

| | | |
|-----------------------|--------|------|
| Van De Water Jos | 16 010 | 2002 |
| Verlinden Louis | 15 879 | 1998 |
| Buls Louis | 15 594 | 1997 |
| De Pauw Rudy | 15 577 | 2002 |
| Lievens Herman | 15 504 | 2013 |
| Goetschalckx Toon | 15 290 | 2004 |
| Van Wolputte Maurtits | 14 155 | 2002 |
| Leemans Albert | 13 940 | 1996 |
| Druyts Jos | 13 573 | 1982 |
| Knaepkens Roger | 13 450 | 1994 |

400 H (0,840m/10h)

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|-----------------|-------|------|
| Adriaensen Joan | 69"34 | 2007 |
| Van Opstal Bert | 73"04 | 2023 |

3000 steeple (0,914 m)

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|-------------|----------|------|
| Jacobs René | 12'26"51 | 2005 |
|-------------|----------|------|

20 000

| | | |
|----------------|----------|------|
| Lievens Herman | 17'36"35 | 2013 |
|----------------|----------|------|

3000

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|-------------------|----------|------|
| Rens Stefan | 9'44"47 | 2024 |
| Goetschalckx Toon | 10'17"15 | 2005 |
| Jacobs René | 10'20"20 | 2006 |
| Van De Water Jos | 10'23"01 | 2002 |
| Van De Water Gust | 10'31"25 | 1997 |
| De Pauw Rudy | 10'39"86 | 2002 |
| Van Leuffelen Jan | 10'44"41 | 2024 |
| Stremersch Danny | 10'58"27 | 2018 |
| Caers Geert | 11'25"00 | 2020 |
| Van Dyck Theo | 11'33"02 | 2001 |

10000

| | | |
|-------------------|----------|------|
| Rens Stefan | 34'45"60 | 2024 |
| Van De Water Jos | 36'13"48 | 2002 |
| Lievens Herman | 37'52"77 | 2013 |
| Buls Louis | 37'59"59 | 1997 |
| De Pauw Rudy | 38'06"84 | 2002 |
| Stremersch Danny | 38'48"23 | 2018 |
| Van Leuffelen Jan | 38'58"42 | 2024 |
| Van De Water Gust | 39'00"64 | 1997 |
| Goetschalckx Toon | 39'20"48 | 2005 |
| Jacobs René | 40'00"19 | 2007 |

Marathon

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|-------------------|----------|------|
| Smets Leo | 2u49'47" | 2019 |
| Sempels Marc | 2u53'29" | 2018 |
| Leus Frankie | 2u56'03" | 2018 |
| Goetschalckx Toon | 3u05'18" | 2006 |
| Van Herck Jozef | 4u11'37" | 2018 |
| Daneels Guido | 4u14'26" | 2004 |

100 km

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|----------------|----------|------|
| Bogaert Joseph | 10u28'44 | 2000 |
|----------------|----------|------|

110 H (1,067m/10h)

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|-----------------|-------|------|
| Adriaensen Joan | 23"35 | 2007 |
|-----------------|-------|------|

100 H (91,4cm/10h)

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|-----------------|-------|------|
| Van Opstal Bert | 17"48 | 2023 |
| Adriaensen Joan | 19"58 | 2008 |

Ver

| | | |
|-----------------|------|------|
| Adriaensen Joan | 4,96 | 2008 |
| Van Opstal Bert | 4,96 | 2024 |
| Deckers Herman | 4,65 | 2006 |
| Peeters Fonne | 4,17 | 1992 |
| Bienens Johan | 4,02 | 2019 |
| Heylen Staf | 3,88 | 2002 |
| Adriaensen Jef | 3,69 | 1984 |
| Wuyts Albert | 3,52 | 1998 |
| Deceulaer Jos | 3,28 | 1984 |
| Knaepkens Roger | 2,23 | 1995 |

Hoog

| | | |
|-------------------|------|------|
| Van Opstal Bert | 1,50 | 2021 |
| Adriaensen Joan | 1,48 | 2008 |
| Wuyts Albert | 1,33 | 1998 |
| Van De Water Gust | 1,20 | 1997 |
| Heylen Staf | 1,15 | 2002 |
| Peeters Fonne | 1,05 | 1992 |

Polsstok

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|-----------------|------|------|
| Van Opstal Bert | 3,30 | 2023 |
| Adriaensen Joan | 2,61 | 2007 |

Discus (1,5 kg)

| | | |
|-------------------|-------|------|
| Van Opstal Bert | 34,82 | 2023 |
| Van Rooy Marcel | 34,59 | 2017 |
| Wuyts Albert | 32,58 | 1998 |
| Van Gansen Julien | 32,41 | 2012 |
| Adriaensen Joan | 30,96 | 2007 |
| De Clippeleer Raf | 28,06 | 2021 |
| Goossens Marc | 24,12 | 2014 |
| Goossens Remi | 23,28 | 2012 |
| Van De Water Gust | 22,74 | 1997 |
| Deckers Herman | 21,52 | 2006 |

Hamer (6 kg)

| | | |
|-------------------|-------|------|
| Van Gansen Julien | 31,07 | 2014 |
| Van Rooy Marcel | 30,68 | 2017 |
| Goossens Marc | 26,39 | 2013 |
| Van Opstal Bert | 26,29 | 2023 |
| Adriaensen Joan | 22,37 | 2009 |
| Wuyts Albert | 21,30 | 2002 |
| Heylen Staf | 17,74 | 2002 |
| Van De Water Gust | 12,68 | 1997 |

Kogel (6 kg)

| | | |
|------------------------------|-------|------|
| Van Opstal Bert | 11,74 | 2021 |
| Adriaensen Joan | 11,40 | 2008 |
| Van Rooy Marcel | 10,17 | 2017 |
| De Clippeleer Raf | 10,03 | 2021 |
| Van Gansen Julien | 9,22 | 2012 |
| Wuyts Albert | 9,21 | 1998 |
| Goossens Remi | 8,41 | 2012 |
| Heylen Staf | 7,49 | 2002 |
| Buls Louis (7,260 kg) | 6,69 | 1997 |
| Van De Water Gust (7,260 kg) | 6,12 | 1997 |

Speer (700 gr)

| | | |
|----------------------------|-------|------|
| Van Rooy Marcel | 42,86 | 2017 |
| Adriaensen Joan | 38,41 | 2009 |
| Van Opstal Bert | 35,30 | 2021 |
| Deceulaer Jos (800 gr) | 32,70 | 1984 |
| De Clippeleer Raf | 30,12 | 2022 |
| Deckers Herman | 29,80 | 2007 |
| Wuyts Albert | 27,33 | 2000 |
| Aerts Hubert (800 gr) | 23,68 | 1999 |
| Van De Water Gust (800 gr) | 22,78 | 1997 |
| Goossens Marc | 21,17 | 2013 |

Hinkstap

| | | |
|-----------------|-------|------|
| Van Opstal Bert | 10,15 | 2021 |
| Deckers Herman | 10,14 | 2007 |
| Adriaensen Joan | 9,58 | 2007 |

Gewichtwerpen (11,34 kg)

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|-------------------|-------|------|
| Van Opstal Bert | 11,55 | 2022 |
| Van Rooy Marcel | 10,57 | 2017 |
| Van Gansen Julien | 10,42 | 2014 |

5-Kamp(AGF23)

| | Punten | Ver | Speer | 200 | Discus | 1500 | |
|-----------------|---------------|------|-------|-------|--------|---------|------|
| Adriaensen Joan | 3064 | 4,63 | 38,41 | 28"83 | 30,80 | 5'24"85 | 2009 |
| Deckers Herman | 2913 | 4,65 | 28,35 | 26"44 | 21,52 | 5'15"36 | 2006 |
| Van Opstal Bert | 2660 | 4,90 | 35,30 | 28"78 | 30,98 | 6'59"88 | 2021 |
| Wuyts Albert | 2226 | 3,51 | 24,95 | 32"12 | 30,78 | 5'36"76 | 1998 |
| Heylen Gustaaf | 1865 | 3,88 | 17,07 | 31"48 | 20,94 | 6'03"64 | 2002 |

10-Kamp (AGF23)

| | Punten | 100 | Ver | Kogel | Hoog | 400 | 100H | Discus | Pols | Speer | 1500 | |
|-----------------|---------------|-------|------|-------|------|-------|-------|--------|------|-------|---------|------|
| Adriaensen Joan | 5961 | 13"52 | 4,96 | 11,05 | 1,48 | 62"48 | 19"58 | 30,25 | 2,50 | 32,04 | 5'35"30 | 2008 |
| Van Opstal Bert | 5942 | 14"00 | 4,90 | 11,24 | 1,43 | 66"35 | 17"72 | 33,58 | 3,30 | 31,42 | 6'31"94 | 2023 |

Werpvijfkamp(AGF23)

| | Punten | Hamer | Kogel | Discus | Speer | Gewichtw. | |
|-----------------|---------------|-------|-------|--------|-------|-----------|------|
| Van Opstal Bert | 2717 | 25,41 | 11,19 | 33,47 | 31,97 | 10,88 | 2023 |

4x100

| | | |
|--|-------|------|
| Leemans Albert - Aerts Hubert - Verlinden Louis - Wuyts Albert | 61"63 | 1998 |
|--|-------|------|

4x200

| | | |
|---|---------|------|
| Leemans Albert - Aerts Hubert - Verlinden Louis - Wuyts Albert | 2'06"94 | 1998 |
| Hermans Francis - Van De Water Gust - Leemans Albert - Buls Louis | 2'09"53 | 1997 |

4x400

| | | |
|---|--------|------|
| Hermans Francis - Van De Water Gust - Leemans Albert - Buls Louis | 4'49"9 | 1997 |
|---|--------|------|

4x800

| | | |
|---|----------|------|
| Van de Water Jos - Jacobs René - De Pauw Rudy - Goetschalckx Toon | 10'11"89 | 2006 |
| Wuyts Albert - Leemans Albert - Verlinden Louis - Aerts Hubert | 10'43"45 | 1999 |

4x1500

| | | |
|--|----------|------|
| Van De Water Jos - Jacobs René - De Pauw Rudy - Goetschalckx Toon | 20'54"69 | 2006 |
| Van De Water Jos - De Pauw Rudy - Van Dyck Theo - Van Wolputte Maurits | 21'16"86 | 2002 |
| Leemans Albert - Glassée August - Aerts Hubert - Verlinden Louis | 22'27"00 | 1999 |